

IMPORTANT INSTRUCTIONS FOR USE



Quickly

For maximum effectiveness, you should take the morning-after pill as soon as possible after your contraceptive mishap. Drink plenty of fluids when taking the morning-after pill.



Vomiting

In a few cases, vomiting may occur after taking the morning-after pill. If you vomit within 3 hours after intake, you will need to take another morning-after pill.



Delayed period

The use of the morning-after pill may delay your period for a few days. To be absolutely certain that you have taken the morning-after pill in time and that it has worked, you can perform a pregnancy test.



Sex following the morning-after pill

The morning-after pill is not a contraceptive for your remaining cycle. If you do have another contraceptive mishap, go to your pharmacy immediately and ask for advice on the morning-after pill again.



The contraceptive pill

If you are taking the morning-after pill due to an error when taking your contraceptive pill: Continue taking your contraceptive pill at the usual time – even if this means taking it on the same day as the morning-after pill. In addition, you should use a condom until the start of your next cycle. If you take the extended-cycle pill, you should use a condom for at least 14 days.

THE MORNING-AFTER PILL

BACKGROUND KNOWLEDGE

How does the morning-after pill work?

If ovulation has not yet occurred, the morning-after pill can postpone it by at least 5 days. Ovulation therefore only occurs once the sperm are no longer viable. In other words, sperm and the egg cell cannot meet up. Pregnancy cannot occur at all.

Ovulation is not predictable!

The probability of pregnancy is highest on the two days before ovulation. However, the exact time of ovulation cannot be predicted. It can occur early, half-way through or late in the cycle and can vary greatly from woman to woman. That is why every hour counts when taking the morning-after pill.

Pre-empt ovulation as quickly as possible!

To prevent ovulation, the morning-after pill must be taken as soon as possible after unprotected sexual intercourse! If you have already ovulated, the morning-after pill can no longer work – resulting in a possible pregnancy. If you are already pregnant, the morning-after pill will not cause you to miscarry.

For more information on the morning-after pill, visit www.pille-danach.de

For more information on side effects, please refer to the patient information leaflet.